



# Morning Prayer

**Good morning God.**

**Thank you for the gift of life.**

**Thank you for my family and friends.**

**Thank you for loving me as I am with all  
my faults and weaknesses.**

**Help me to accept and love myself so that I may  
love others as you love them.**

**May I be a source of strength and healing to  
those confused and hurting.**

**Help me to be patient and considerate of others.  
Heal me of any negativism or anger.**

**God, bless me in all I do today.**

**Help me to reflect you today in how I treat others  
and in how I think, speak, work and play.**

**Protect me from anything that may distract me  
from following you.**

**Send your spirit to be in my heart and in my  
home.**

Dorothy K. Ederer