

# Confidence

You deserve to be more confident than you are.  
Your self doubts are not nearly so well-founded as you think.

Don't be so hard on yourself.

Let go of those persistent doubts,  
and let confidence take their place.

Whether you've ever even realized it, you are an achiever.

Though occasionally life can make you feel helpless,  
you are actually someone who is very good at finding ways  
to get things done.

It's not arrogant or presumptuous to believe in yourself.

Indeed, it is an acknowledgment of reality and  
the starting point for making all of life better.

The fact is, you are skilled and resourceful,  
capable and experienced.

When you want to be, you can be passionate, inspired,  
persistent and highly effective.

No one benefits when you hold yourself back.

So go ahead, believe in yourself, give yourself the confidence  
you deserve, and do those great and  
wonderful things that are yours to do.

Ralph Marston